

Our mission is to improve the quality of life for those who are visually impaired through awareness, resources and solutions

Dr. Lynne Noon

Diplomate in Low Vision Rehabilitation

ViewFinder Low Vision Support Group Meets January 25, 2018 in our Mesa office

ViewFinder has joined with the Gilbert Lions Club to form a monthly low vision support group. Please join us to share your experiences, solutions and problems so that you can improve your quality of life and the lives of other group members. Dr. Noon will be joined in facilitating this group by Joe Hiznay who is legally blind and a member of the Gilbert Lions Club. Please join us for the KICKOFF as your input and participation will help create a successful Support Group. The support group will meet on the last Thursday of every month at 2:00pm. Refreshments will be served. Please RSVP as seating is limited.

First meeting: January 25th at 2:00pm at our Mesa office address below.

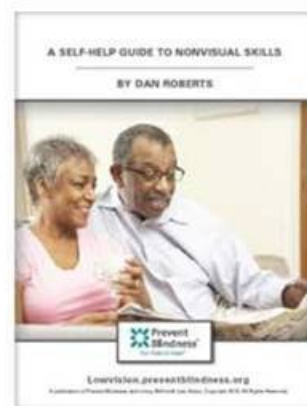
Living Well with Low Vision

A Self Help Guide to Non-Visual Skills

This guide is a culmination of ideas from professionals and patients showing how a visually impaired person can preserve or restore up to 99% of all activities of daily living. The book features a comprehensive self-evaluation of needs and goals, followed by lessons showing how nonvisual senses can substitute for eyesight. It also contains an in-depth overview of low vision rehabilitation, plus directories of distributors of low vision devices, technology products, and software. *Large print, 89 pages. Available in English and Spanish.*

<http://lowvision.preventblindness.org/publications/a-self-help-guide-to-non-visual-skills/>

Free Downloadable Guide Books



Visual Skills Workbook For People with Age-Related Macular Degeneration

Leslie Burkhardt, MSLVR, has created easy-to-follow lessons designed to help people use their vision better to see objects, to read, and to write. Designed for people with macular degeneration who:

- have had a marked change in their ability to read in the past two years
- notice that words or parts of words sometimes vanish or dim when reading

Large print, 62 pages. Available in English and Spanish.

<http://lowvision.preventblindness.org/publications/visual-skills-workbook-for-people-with-age-related-macular-degeneration/>



Caring for the Visually Impaired

This unique handbook is full of helpful information and resources for the informal caregiver. Chapters include:

- "Who Are Care Givers?"
- "The Caregiver's Pyramid of Needs"
- "A Caregiver's Low Vision T.A.S.K. Force"
- "What Is Visual Impairment?"
- "ABCs of Caring for the Visually Impaired"

A comprehensive listing of caregiving resources may be found on the final page.

Description: 12page booklet. Available in English and Spanish

<http://lowvision.preventblindness.org/publications/caring-for-the-visually-impaired/>



Through Our Eyes

Essays and poetry by people from the low vision community. Selected from two decades of contributions to MD Support. An excellent source of inspirational material for support groups. Includes 15 poems and 19 essays on a variety of topics.

Description: 8.5"x11" book, large print, 111 pages.

<http://www.mdsupport.org/thrueyes.pdf>



Visit us on the web at www.ViewFinderLowVision.com

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Our doctors also see patients at several satellite offices throughout the state of Arizona

Please call our toll free number 866.924.8755 or 480.924.8755

to schedule an appointment at one of these offices