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Letting Go of the Car Keys

One of the most difficult decisions that our patients have to make is deciding that they are no longer safe to drive because of declining physical, cognitive or visual ability. So how does a person know when it's time to stop or limit driving? The answer is different for everyone, and often depends on having alternative options in place.

To help you find alternative transportation in your town, **Rides In Sight** is a new service that provides information about senior transportation options in local communities throughout the United States.

ITNAmerica has researched communities nationwide to build a database of senior transportation options. **Rides In Sight** now makes this information available to the public. The **Rides In Sight** hotline is available Monday—Friday from 8AM—8PM Eastern Time (excluding holidays). The friendly and knowledgeable operators will answer questions about senior transportation options. All questions will be answered within 24 hours.



Our mission is to improve the quality of life for those who are visually impaired through awareness, resources and solutions



www.RidesInSight.org

Find out about transportation options available in your local area for Seniors and People with Visual Impairments

1-855-60-RIDES

(1-855-607-4337)

RCN-0113

Finding Described TV Just Got Much Easier!

The landmark Twenty-First Century Communications and Video Accessibility Act (CVAA) mandates several of the most popular television networks to make some of their prime-time and children's programs accessible to viewers with vision loss by adding video description.

Video description makes television programs and movies accessible for people who are blind or visually impaired. Short verbal descriptions of action or key visual scenes in a program, such as setting, costumes and facial expressions are provided to add context. The descriptions are inserted into pauses within a program's dialog. Since July 1, 2012, the networks that are required to provide approximately four hours of video description per week include ABC, CBS, Fox, NBC, USA, the Disney Channel, TNT, Nickelodeon and TBS. PBS has offered this service for years.

To help celebrate and promote this achievement, the **American Foundation for the Blind (AFB)** has implemented a Described TV Listings page on their website. The online guide allows visitors to determine which shows will be described as well as when they will air.



AFB's Described TV Listings makes it easier to find which shows are described, allowing people with vision loss to enjoy their favorite programs. To learn which programs are being described and when they will air in your area and to learn more about how to access them on your television visit: <http://www.afb.org/tv>

Visit us on the web at www.ViewFinderLowVision.com

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Our doctors also see patients at several satellite offices throughout the state of Arizona

Please call our toll free number 866.924.8755 or 480.924.8755

to schedule an appointment at one of these offices