

Portable Full Spectrum Rechargeable Task & Travel Lamps

Lighting is one of the most important factors in increasing visibility and the details of any important task. An elderly person requires nearly three times as much light as a 20-year-old and a person who is visually impaired may need even more lighting. While the ViewFinder Low Vision Resource Centers have always offered a large selection of reading and task lamps, finding good portable task lighting has not been easy. In the past, we have found that most portable lamps did not provide enough light.

Our clients often need portable lamps to take to dark restaurants to see menus and their food, to take to craft classes to see their projects and to take to card games to see the cards on the table. With the addition of the new **Verilux Rechargeable Task Lamp** and the **Daylight Freedom Battery Lamp** we finally have the right selection of portable lamps for our clients.

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The **Verilux Rechargeable Task Lamp** puts light where you need it. Using 11 super-bright energy-efficient LED bulbs, the lamp delivers natural spectrum daylight illumination and also provides color



balance and high contrast. This rechargeable **Travel Lamp** provides up to 4 hours of light on a single charge. It can be powered by 2 regular AA batteries, rechargeable batteries or it can be powered by an AC Adapter/charger. A USB connection is also included for use or charging while at your computer. This travel lamp folds flat for storage and weighs only 13 ounces.

Full spectrum, energy saving **Daylight Lamps** help reduce eye fatigue while providing true color and enhanced contrast of text. **Daylight's** new **Freedom Battery Lamp** can be operated by rechargeable battery or AC adaptor. With a unique foldable design there is no on and off switch. Simply flip open the lamp to turn it on. This lamp is 10" high and weighs 4.5 pounds. The rechargeable battery lasts up to 3.5 hours on a single charge.



Continue Reading Music Despite Visual Impairment



The goal of any low vision evaluation and rehabilitation plan is to help the patient continue with the daily activities that they wish to pursue. One such goal is reading music. Depending on the severity of the vision loss, there are several solutions.

The simplest solution is to enlarge the sheet music and place it on a book or cardboard with a firm back. The enlargement can be done on nearly any copier or at the local office supply store. To increase visibility, complex sheet music can also be modified to remove all elements that are not needed.

Large print music is also available and developed specifically for people with visual impairment. The notes are twice the size of standard music and the music reads straight across a two-page spread. Ask your local music store to order large print music or go to the following web sites: <http://www.sheetmusic1.com/largeprint.html> and <http://www.stephensmusicpub.com>.

Spectacle mounted telescopes will also magnify music and can be used with regular sized music or in conjunction with large print music if more magnification is needed.

One of our new favorite web sites is **SmartMusic.com** which scrolls music across



Examples of Spectacle Mounted Telescopes

the computer monitor. While the web site is not made specifically for people with visual impairment, the computer monitor adds enhanced contrast that cannot be obtained with music printed on paper. Using a large computer monitor will significantly increase the size of the text over most printed versions making the music more visible.

Low Vision Rehabilitation Research Studies

Currently the doctors at the ViewFinder Low Vision Resource Centers are involved in three major research studies: **The Low Vision Rehabilitation Outcomes Study** coordinated by Johns Hopkins University, **The Vision Restoration Therapy Study** for patients who have lost vision due to a stroke or traumatic brain injury and the **Macular Degeneration Eccentric Viewing Clinical Study** designed to improve reading ability. The last two studies are coordinated by NovaVision, Inc. Florida.

If you would like more information regarding our studies or would like to be a participant in one of our studies, please call either our Mesa or Sun City offices or call our toll-free number 866.924.8755.

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